

Results Waterfront ITT 20 July 2013

	Place	Name	Time
Female			
	1	Olivia Morgan-Day	25:41
	2	Olwen Gilbert	25:51
	3	Estafana Fowler	26:08
Male			
	1	Brian Bedford	21:32
	2	Richard Justice	22:06
	3	Dean Veale	23:55
	4	Paul Ames	24:32
	5	Stephen Hurdley	25:06
	6	David Hoogenboom	29:16